

We Can Talk Frequently Asked Questions

You've got questions and we've got as many answers as we can think you've got questions.

Our page devoted to FAQs about our Health Education England – Kent, Surrey and Sussex expansion is available [here](#).

What is **We Can Talk?**

We Can Talk Children and Young People's Mental Health (CYP MH) is a project using engagement and education to increase the skill and confidence of acute hospital staff in understanding and supporting children and young people's mental health.

How can we join the family?

We are currently looking for hospital sites and linked CAMHS teams to develop bids to roll out in January 2019. We are keen to work across multiple organisations and geographic areas to maximise impact and sustainability.

Do you work with CCGs, STPs, ALBs and other acronyms?

Absolutely! Your acronym need not prevent you from supporting the expansion of **We Can Talk** in your area.

What training do you provide?

We Can Talk co-designed a one-day [Training](#) that we co-deliver with hospital staff, CAMHS professionals and young advisors in order to improve the experience of children and young people presenting to hospital due to their mental health.

Do you have an educational framework for your training?

We Can Talk has co-produced with young people, hospital staff and mental health professionals an evidenced-based educational competency framework for our one day [Training](#). You can [download the full version](#) or read our [Principles](#), which is a summary of the learning from the day in ten key statements.

Do you deliver one-off training days for teams?

Not currently. We see **We Can Talk** as part of a process to create change and as a result we are looking to form relationships with organisations over months and years rather than one-off days.

Can I come on training day to see what this is all about?

Quite possibly! We have a very limited number of places available for senior leaders interested in understanding how **We Can Talk** could work with their organisation.

What about **We Can Talk for community staff, teachers, socials workers, etc?**

We recognise there is a real need for training on children and young people's mental health training in lots of settings. Our training was coproduced with young people and hospital staff specifically thinking about their training needs in acute hospital settings. We would love to see similar coproduced projects looking at other settings.

What do I need to provide if I'm hosting a **We Can Talk training day?**

We need a comfortable room at or close to your hospital site with small group table seating ('Cabaret' style) for up to 35 people as well as PowerPoint

facilities. Better venues will ideally have somewhere to make a hot drink, nice bathrooms and natural light.

Why an elephant?

We have to keep some secrets part of the family.

How do I find out more?

Don't be shy! [Contact us](#).