Dear [PEOPLE LIKELY TO DO THE TRAINING],

I am writing to tell you about a free new online training to improve care for children and young people presenting to hospital in mental health crisis and the staff that support them. The **We Can Talk fundamentals of compassionate care** online tool has been funded by Health Education England and is targeted at clinical and non-clinical staff and volunteers working in acute hospital settings.

**Link:** [**www.wecantalk.online/fundamentals**](http://www.wecantalk.online/fundamentals)

I've completed the training already and I really enjoyed it, because:

* It’s really good (honest)
* It only takes an hour to complete, but you can also pause the training and come back to finish it later.
* You receive a certificate of completion for CPD records
* You get practical tips and advice about what's helpful from young people directly
* It uses bite-sized and easily digestible video content
* You can access the training on any device - phone, tablet, computer

It’s divided into two parts:

1. For hospital staff to explore and understand the various reasons why children and young people may present to acute hospitals in mental health crises and how to understand any risks around their stay.
2. For hospital staff to explore how we can confidently support children and young people coming into hospital due to their mental health including practical tips and advice about what's helpful from young people directly.

One lesson that I took away was that: "you don't have to be an expert in mental health to help".The **We Can Talk fundamentals of compassionate care** provides an acronym-free space and focuses on what is essential when communicating with young people.

If some time has passed since your last mental health training, it is also a great way to refresh your memory on how to support children and young people's mental health.

**Optional for sending to those that have attended face-to-face We Can Talk Training**

It's been some time since you attended the face-to-face **We Can Talk** training day, the **We Can Talk fundamentals of compassionate care** is also a great way to refresh your memory on how to support children and young people's mental health.

**Give it a try:** [**www.wecantalk.online/fundamentals**](http://www.wecantalk.online/fundamentals)

Let me know how you get on!

Best wishes,

[Name]

**We Can Talk** is a project using engagement and education to increase the skills and confidence of acute hospital staff in understanding and supporting children and young people’s mental health. **We Can Talk** has co-produced with young people, hospital staff and mental health professionals an evidenced-based educational competency framework for a one-day [training](https://wecantalk.online/training/) and online learning tool. You can [download our educational framework](https://wecantalk.online/wp-content/uploads/2018/07/we-can-talk-core-competencies-educational-framework.pdf) or read our [Principles](https://wecantalk.online/principles/), which is a summary of the learning in ten key statements.