



We Can Talk fundamentals of compassionate care to support children and young people presenting to hospital in a mental health crisis

Available free at wecantalk.online

The **We Can Talk** fundamentals of compassionate care online training tool is a short, free of charge, online training designed to improve staff knowledge and confidence when supporting young people attending hospital due to their mental health. Like **We Can Talk**'s nationally recognised one-day face-to-face training, this learning tool has been co-designed with young advisors (young people aged 18-25 with experience of presenting to hospital in a mental health crisis), hospital staff and mental health experts. Uniquely, all the video content in this online training was written, filmed and delivered by young advisors working remotely. The online training tool takes less than an hour to complete.

Learning Objectives:

- Explore the various reasons why children and young people may come into hospital in a mental health crisis and how this relates to risk
- Recognise the experiences of children and young people with mental health difficulties
- Explore how to communicate effectively with children and young people when attending hospital due to their mental health
- Introduce key approaches to supporting children and young people in a mental health crisis

Audience and Accessibility:

This tool is designed for clinical and non-clinical acute hospital staff and volunteers who come into contact with children or young people up to age of 25 in their job role. This includes nurses, porters, HCAs, doctors, ACPs, receptionists, students, trainees, play specialists and security staff.

Access is free at wecantalk.online by providing your name and email address. You can pick up where you've left off if you can't complete the training in one sitting and you will be emailed a certificate of completion (equivalent to 1 hour of CPD) once you have finished. The online training is optimised for mobile phones, tablets and desktop computers and all videos are closed captioned.

For more information please visit wecantalk.online.