

WE CAN TALK

2017 FROM

UNTIL 2027

CO-PRODUCED CULTURE CHANGE

Hospital staff working alongside young people with lived experience

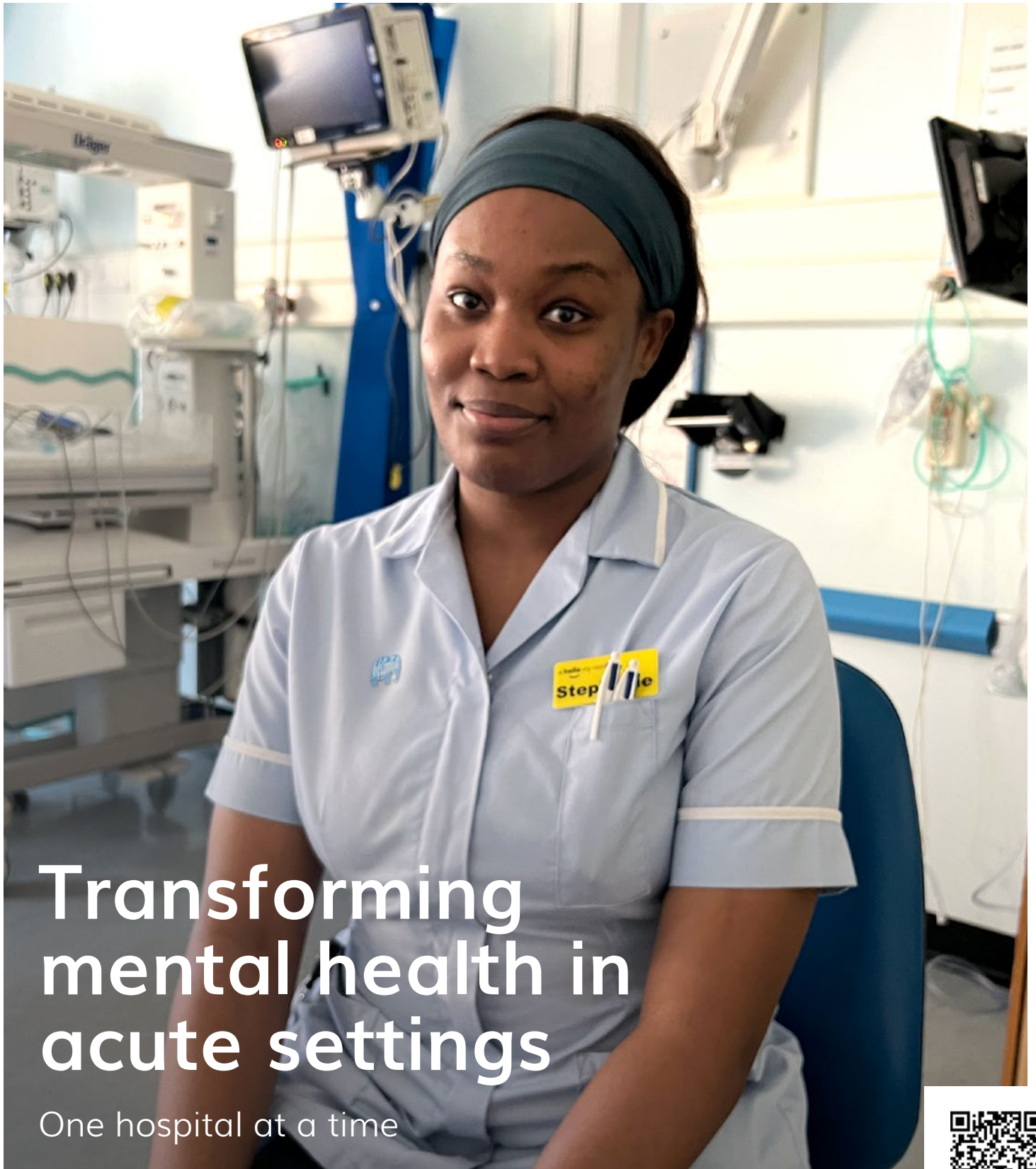
30,000 STAFF IN 2 IN 3 HOSPITALS

Data, analysis and case studies

VISION FOR THE FUTURE

Permanent, sustainable cultural change

IMPACT REPORT



Transforming mental health in acute settings

One hospital at a time





We Can Talk is led by People Unlimited in partnership with more than one hundred NHS organisations. **We Can Talk** was piloted at Barts Health NHS Trust in 2017.

For more information, visit www.wecantalk.online or contact team@wecantalk.online



People Unlimited is a nurse-led social enterprise transforming the way the world feels about mental health. People Unlimited uses co-production to transform mental culture at work by supporting organisations to understand and amplify their existing skills, knowledge and confidence to create change from within. People Unlimited has worked with more than 100 organisations and engaged more than 30,000 people since 2018.

People Unlimited holds multiple national contracts with NHS England to deliver workforce transformation across mental health and acute care sectors.

For more information, visit www.peopleun.limited or contact team@peopleun.limited

The key facts and figures presented in this report, where not externally linked, are based on analysis of 1,260 in-person and 3,471 online trainee records reported to **We Can Talk** from 2017 to 2023, providing a comprehensive and reliable insight into the impact of our programme on the workforce and patient care.

All external links are available at wecantalk.online/impact/evidence

Dear reader,

When we first found ourselves in hospital due to our mental health, the idea of influencing the world of waiting rooms, emergency departments, and anonymous general wards seemed inconceivable. Yet, here we are, as part of the **We Can Talk** project.

As children and young people, our experiences of seeking care were marred by the negativity we encountered in our most vulnerable moments. We know we're not alone in feeling this way.

Imagine our shock when we learned the staff we relied on had received little or no mental health training. They lack the knowledge and confidence to manage the distress of tens of thousands of young people, like us, who turn to hospitals for help.

No one wants to go to A&E due to their mental health, but sometimes it's the only safe place available. We believe that it should feel safe not just for us, but for the staff who support us as well.

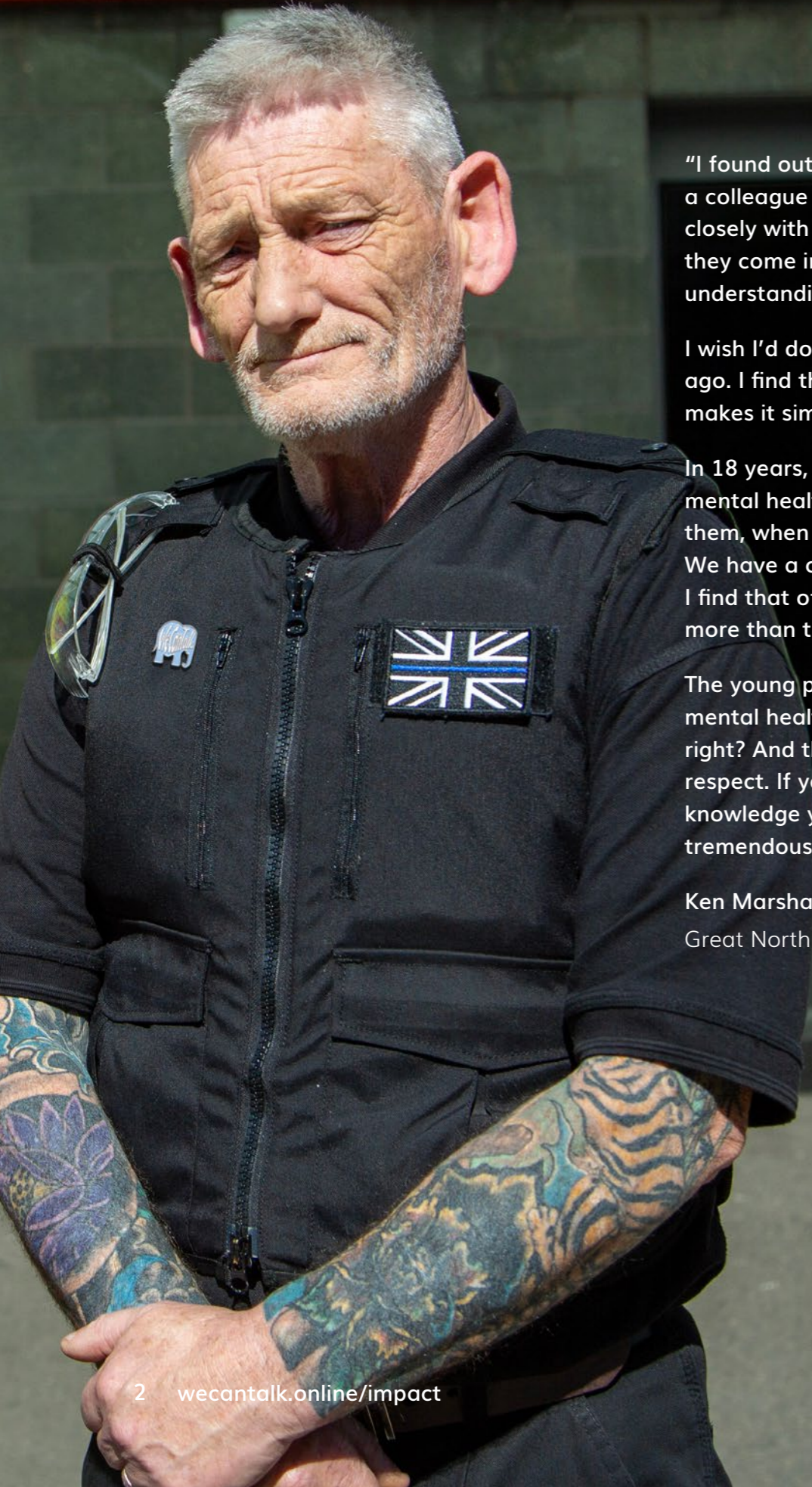
That's why we joined **We Can Talk**, and we're asking you to join us in creating a better future for everyone.

Sincerely,

Grace Mali Laura Liv
 Nadia Becca Eleanor
 Beth Twyla Chris Hannah
 Anand Stuart Jenny George

We Can Talk Young Advisors





"I found out about We Can Talk through a colleague in A&E. Because I work closely with mental health patients when they come in, I just needed a bit more understanding.

I wish I'd done the training a long time ago. I find that the way the modules are, makes it simple.

In 18 years, I've done work with a lot of mental health patients and now many of them, when they come in, ask if I'm in. We have a chat, I get them a drink and I find that often they come to find me more than the site liaison.

The young person who's suffering with mental health is still a human being, right? And they still need dignity and respect. If you listen to the patient, the knowledge you can gain from them is tremendous."

Ken Marshall, Security Officer
Great North Children's Hospital

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PARTNERS

Join the ranks of over 70 acute NHS trusts already on board - become a partner in mental health care culture change

You cannot separate my mental health from my physical health

We Can Talk was founded to transform the experience of children and young people who attend hospital due to their mental health, and the staff who support them.

Young people consistently report challenges when accessing hospitals due to their mental health, including feeling dismissed, stigmatised, and disrespected by healthcare professionals during these critical moments (Barts Health NHS Trust, 2017; Care Quality Commission, 2015).

Studies between 2000 and 2016 reveal that those experiencing mental health crises have reported a "horrendous" experience when seeking help at hospitals, leading to reluctance to disclose their condition and seek help in the future (Qualitative Health Research, 2019). These negative experiences create significant missed opportunities for engagement and possible suicide prevention (Royal College of Psychiatrists, 2016).

Research emphasises the importance of proper communication, empathy, and understanding from healthcare

professionals when dealing with young patients experiencing mental health crises (Royal College of Emergency Medicine, 2017). Poor experiences can lead to young people becoming less likely to seek help, putting their mental and physical health at risk.

The need for a change in the mental health culture of acute hospital settings is consistently highlighted by young people. Anyone who sees children and young people in their job role, clinical or nonclinical, porter to paediatrician, has the opportunity to transform their experience of care when attending hospital in a mental health crisis.

"When I arrive at hospital, I arrive as a whole person in need of support. I may present as having physical and mental health needs. I don't expect to leave fixed, but treating me as an individual with interconnected needs, rather than dismissing one over the other is the difference between feeling supported or neglected."

George
Young Advisor (right)



Acute staff struggle to support children and young people with their mental health

Healthcare professionals working in acute hospital settings report a lack of confidence and competency in caring for children with mental health needs. An overwhelming majority (89%) of hospital staff encounter children and young people in mental health crisis and 90% want more training ([We Can Talk / Child Outcomes Research Consortium, 2019](#)).

The challenge is exacerbated as mental health is frequently not seen in the same context as physical health by hospital staff. The acute care workforce are experts in managing distress in patients attending due to their physical health, because they have the confidence and

understanding in the role they can play. All staff can recognise their role in distracting a child in pain and apply the same core skills - engagement, empathy, etc.

However, when faced with a child or young person attending due to their mental health, it feels different for staff. They're worried about saying or doing the wrong thing, so saying nothing and doing nothing frequently becomes the default. [We Can Talk](#) addresses the knowledge, competency and confidence gap to enable staff to apply their existing skills to young people presenting due to their mental health.

"We get so many mental health cases coming in and it's hard to know what to say. I've had kids come in off their own backs, they've got the bus and brought themselves in because they want help... and it's hard to know what you can and can't say to them, and what they want you to say.

[We Can Talk](#) opened my eyes, about letting them know that it's a good thing that they're wanting help. Not judging what they've come in for but what they've had to go through."

Leanne, Paediatric A&E Nurse (left)
Great North Children's Hospital

Acute hospitals are a crucial part of the mental health system

Acute hospitals play a vital role in supporting the mental health needs of young people. The more mental health services struggle to meet demand, the more young people's mental health deteriorates and reaches crisis point (Care Quality Commission, 2022).

When anyone in a mental health crisis seeks help, they frequently need a place where all their needs, both physical and mental, can be addressed. As the challenges within the specialist mental health system are often the focus of attention, the crucial role hospitals play in supporting these young people as part of a system response is often not recognised.

We Can Talk aims to address this issue by affirming the role of acute hospitals in supporting young people's mental health needs. By acknowledging hospitals as part of the solution, rather than just an indication of a problem, we can create a more comprehensive and effective system of care for young people in mental health crises.

"A mental health emergency should be taken as seriously as a physical one. You will not be wasting anyone's time."

NHS website advice on going to A&E

"Long waits for people with mental health needs in A&E are increasing, and people with mental health needs often report poor experiences relating to long waits."

(NHS England, 2023)

330% 
increase in demand

900,000 
hours waiting

5-day 
delays

3 in 5 
staff are burnt out

Since 2010, the number of children and young people admitted to an A&E and diagnosed with a mental health condition **has increased 330 per cent.** (NHS Digital / The Independent, 2020)

Children in mental health crisis spent **more than 900,000 hours in A&E** in England. (The Guardian, 2023)

Two-thirds of senior A&E doctors report waiting times for young people with mental health concerns of **over 24 hours, with reports of waits of five days in the Emergency Department.** (Royal College of Emergency Medicine, 2023)

3 in 5 A&E staff have experienced high levels of burnout, stress and exhaustion (Royal College of Emergency Medicine, 2021)

Co-production

We Can Talk is groundbreaking in its application of co-production in healthcare service transformation. Co-production is a process of equal partnership between professionals and patients, in which they share responsibility for designing and delivering a service. It involves sharing power and actively involving individuals with lived experience in the design and delivery of services.

We Can Talk meaningfully involves Young Advisors; young people with lived experience of accessing acute hospitals

due to their mental health, acute hospital staff, and mental health specialists in the co-design and co-delivery of training, engagement, resources, and research.

Co-production requires a commitment from organisations and professionals to share power and create and implement actions, rather than treating young people as passive recipients. It is a valuable investment of time and finances, as it builds relationships, trust, and facilitates learning from each other. **We Can Talk** empowers all stakeholders to positively influence mental health culture,

improving experience in this area of care for young people and staff.

Co-production isn't easy. However, the benefits of co-production include enriched skills, improved relationships between professional and patient groups, and mutual understanding and trust.

Co-production provides a transformative opportunity to empower stakeholders and create a more inclusive and effective health system.

"As health care professionals, we should never underestimate the vulnerability of those using healthcare services. How we interact and empower young people to be active participants in their care so that their voice influences and informs decision-making really matters. Co-production isn't a buzzword, it's a way of how, together with young people we shape care going forward."

Kath Evans, Registered Nurse (Children, Adult)

"As Young Advisors, we act as a bridge between young people and professionals, facilitating communication and ensuring that our perspectives are taken into account."

Twyla, Young Advisor

"Co-production helps bridge the gap between healthcare professionals and service users, creating a more collaborative and effective approach to care."

Dr Ann York, Child and Adolescent Psychiatrist

"I want to be involved in improving care for young people in hospitals. By sharing my own experiences in a safe environment, where professionals are willing to listen, we can start having conversations that lead to positive change."

Mali, Young Advisor

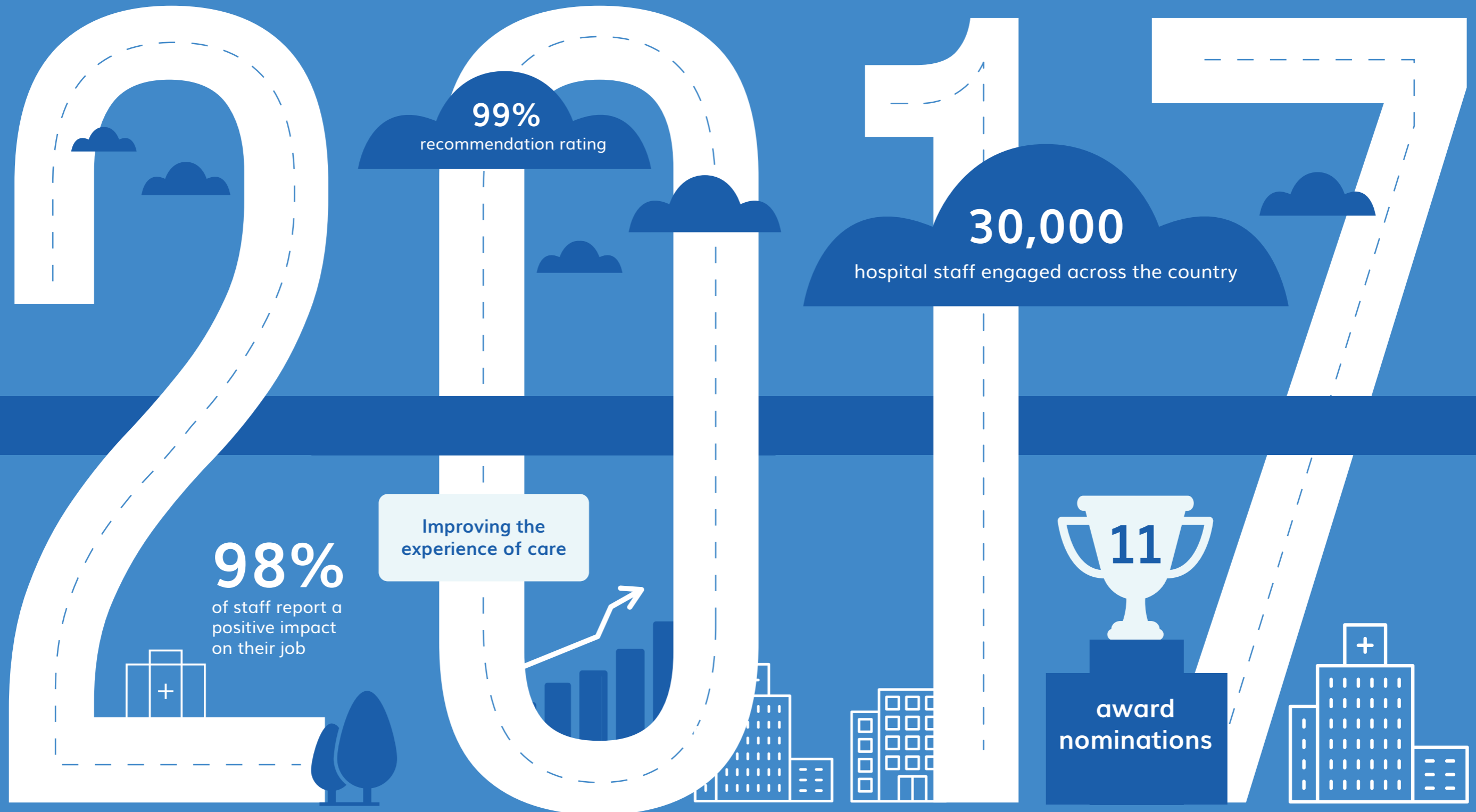
"In order to create change you need to find a way to bring new perspectives and ideas to the table."

Keshia Young, Play Specialist



IMPACT FROM

2 out of 3 hospitals
in England with Type 1 A&Es on board





Transformation through learning

We Can Talk has positively impacted mental health care for young people in hospitals. It has enhanced the quality of care, increased staff confidence, improved support systems, and altered perceptions of mental health.

perceptions. Its far-reaching effects demonstrate the importance of creating a supportive environment and fostering understanding among healthcare professionals.

The training ensures young people receive the right support the first time, reducing the burden on alternative services like community support and crisis lines. Staff confidence in supporting young people's mental health has increased, fostering a more effective care environment.



Staff are **18 times more confident** after completing the training

Moreover, the project affects staff's experiences of mental health in the workplace and at home, possibly opening up conversations and influencing personal lives and families. Staff who have completed the training report it has led to benefits such as reduced sick days due to stress.

... and are **30 times more knowledgeable**



In summary, the **We Can Talk** project significantly affects mental health care for young people in hospitals, from care quality and staff confidence to support systems and mental health

99% 

of hospital staff who have completed our training would recommend it to a colleague

The above statistics refer to the binary probability that someone's confidence/knowledge will improve after the training, calculated by the sum of those who said they were very or fairly confident, compared to those who weren't.

A foundational approach to mental health

Our co-produced one-day training offers a unique approach to improving the hospital experience for young people facing mental health crises. It was developed through honest conversations with hospital staff, mental health specialists, and young people about what has gone well, what has gone wrong and how to fix it.

By incorporating the findings of these conversations with the recommendations from research, we have established an evidence-based education framework that identifies core competencies for hospital staff in supporting children and young people's mental health.

The training is self-directed and engaging; blending video, text, graphics and interactive role-play, and provides the unique opportunity to hear directly from young people. It has received a remarkable 99% recommendation rate from trainees and shatters traditional notions of virtual education

We Can Talk training is designed to give staff the foundational knowledge,

skills and confidence to understand and support young people attending hospital due to their mental health.

Core Curriculum training takes approximately six hours and can be completed in one day or over multiple sessions. Progress autosaves and staff receive certificates for each completed module for their professional development records.

The framework and the training is delivered across five core modules:

- Your role
- Mental health
- Understanding
- Experience
- Elephant in the Room

Try it out now by visiting www.wecantalk.online

Introduction

1. Your role

Identifying the existing role staff play in supporting patient mental health, transferrable skills, and the importance of compassionate care for all patients.



2. Mental health

Exploring current system challenges, different mental health conditions affecting young people and the impact of attitudes, discrimination, and stigma on crisis care.

3. Understanding

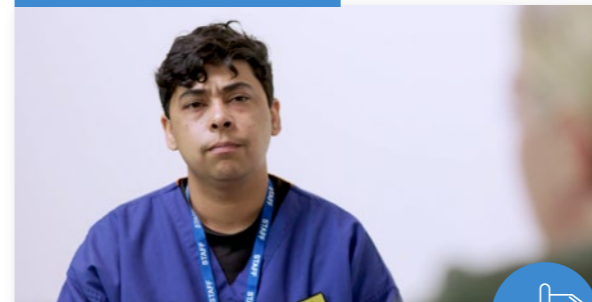
Analysing crisis behaviours, recognizing how emotions and behaviour affect patients, and supporting those presenting with self-harming behaviours.



4. Experience

Using useful crisis intervention tools, understanding how good or bad care impacts young people's mental health, and emphasising the importance of compassionate care in acute units.

Interactive role play



5. Elephant in the Room

an interactive role-play exploring effective communication with young people in crisis, the importance of direct but compassionate questioning about self-harm and suicide, and how to build trust and respect by actively listening and avoiding judgement.



Conclusion

All images taken from We Can Talk training modules

Training alone is not enough to sustain culture change

We know that education and competence are linked, and that there is a need to link knowledge to frontline practice. However, training alone is not enough to sustain culture change. Culture change occurs when the adoption of behaviours and mindsets are consistent with the everyday experience of staff in delivering care for children and young people in a mental health crisis.

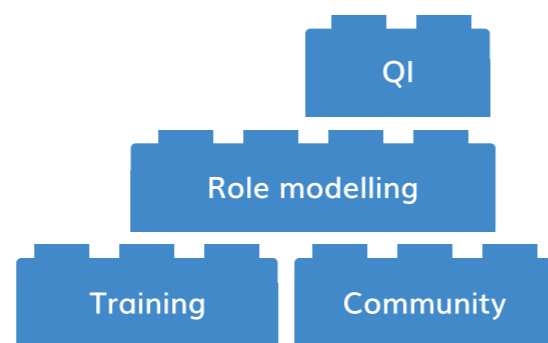
We Can Talk enables staff to recognise that small changes can have a significant impact on patient journeys and personal job satisfaction.

Role modelling **We Can Talk** behaviours and challenging poor practice becomes easier as more staff complete the training. In time, good practice and good patient experience are recognised and valued by both staff and patients.

To provide opportunity for staff to actively engage in culture change, quality improvement initiatives are introduced to all hospitals joining the project. Project leads, typically band 6 nurses,

are supported by the **We Can Talk** team (including our Young Advisors), to implement and evaluate localised Quality Improvement (QI) initiatives aimed at improving young people's experience of care.

These initiatives highlight the transformative effect of collaboration with young people with lived experience of mental health and hospital staff themselves.



The Princess Alexandra Hospital Trust: Case study

We Can Talk supported project leads at the Princess Alexandra Hospital NHS Trust to introduce a new triage process for young people in A&E experiencing a mental health crisis.

Following the initiative, average triage wait times for this vulnerable group reduced from 62 minutes to 42 minutes.

In addition, the absconding rate post-triage for young people attending due to their mental health dramatically decreased from 23% to 8%.

These reductions occurred despite admissions more than doubling in the previous quarter and average wait times to see a mental health professional increasing.



32%
wait time reduction for mental health patients



Absconding rates **more than halved** from 23% to 8%



Despite **doubling admissions** and wait times increasing in the previous quarter

Fostering a community, inspiring change



The **We Can Talk** community includes tens of thousands of staff who regularly engage with the project in-person and online every month.

Our nationally supported, locally owned, approach to sustaining change amplifies and celebrates the experiences of staff locally and equips key leaders with the resources to sustain the project.

We Can Talk pin badges

Our elephant pin badges are another step to culture change. They allow for a visual aid for both patients and staff to see who has completed the We Can Talk core curriculum.

They create a buzz within the clinical environment and promote discussion between staff on how to have difficult conversations with children and young people.



Newham University Hospital >

Webinars

Monthly sessions featuring mental health and hospital staff alongside young people, address current trends and top tips.

Promotion

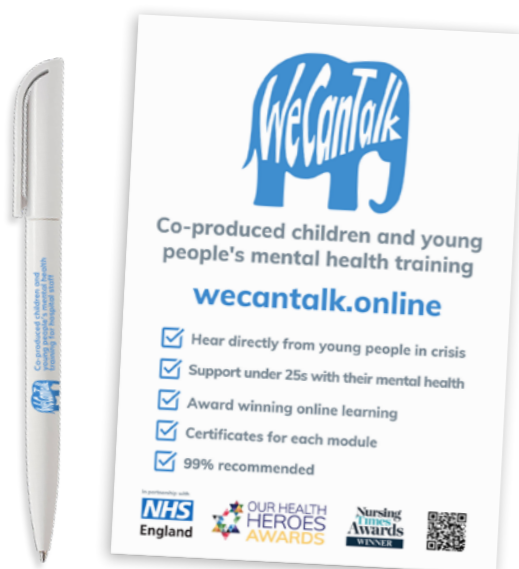
From contests to custom campaigns, we work in partnership with communications teams to create opportunities.

Shared learning events

In-person and online events bring together the community of practice to share learning and amplify the project impact.

Social media

Active channels highlight best practice, case studies and partner activity to share learning and foster partnerships.



Great North Children's Hospital >



Newsletters

'The Handover', a monthly e-mail read by more than 8,000 hospital staff brings lived experience to life with personal insights and practical strategies.

Engagement packs

Posters, pens and other merchandise increase visibility in all our partner sites.

Resources

Open access modules, online event archive, educational frameworks and impact reports, plus a living repository of co-produced guides.

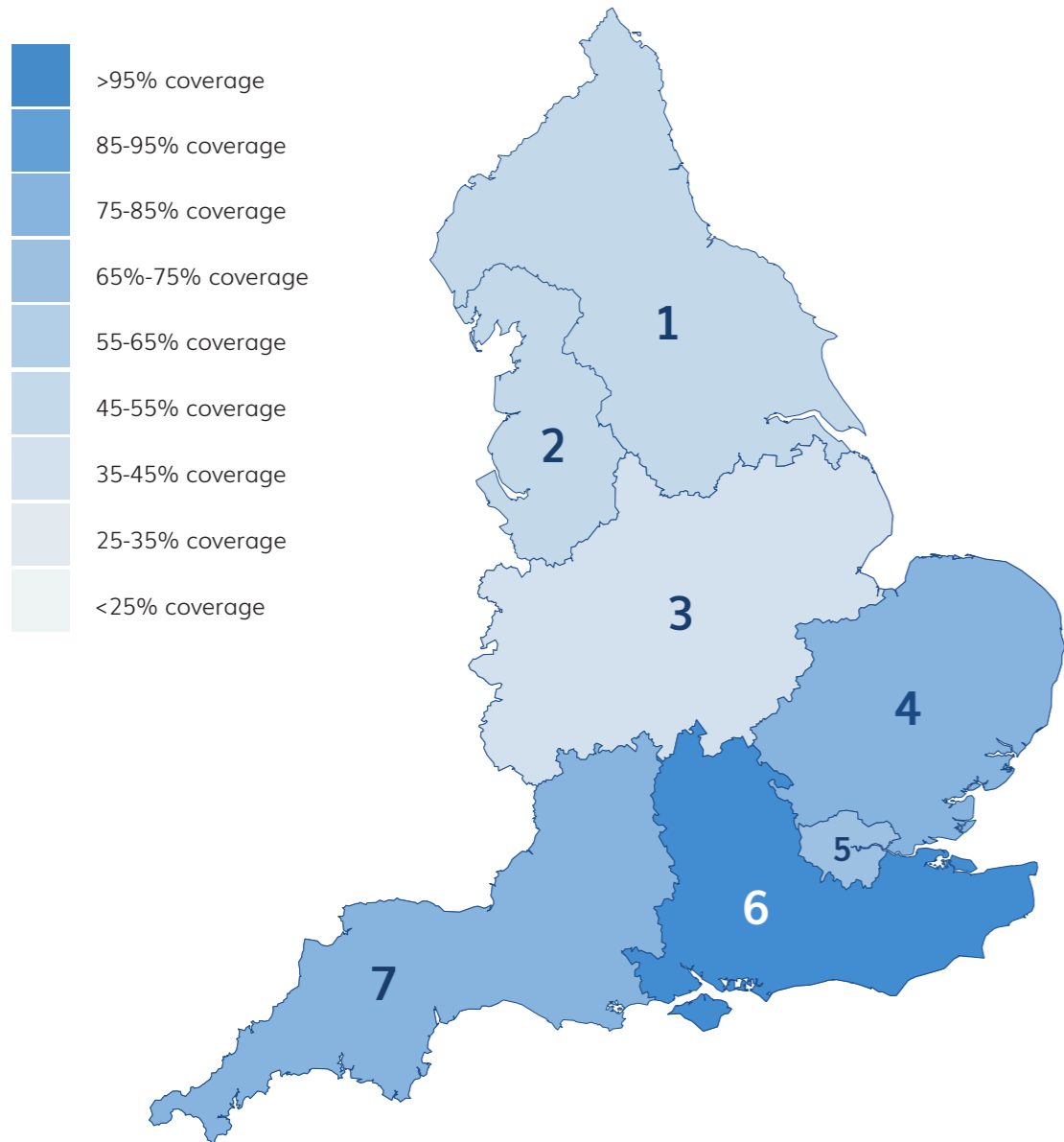
Certificates

Easily evidenced training completion and integrated support for revalidation.

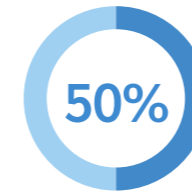


Community coverage

In 2023, [We Can Talk](#) reached 66% of Type 1 A&E hospitals in England.

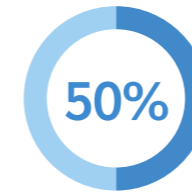


ICB and acute care leaders: Can you help us get to 100%?
 Email us at team@wecantalk.online



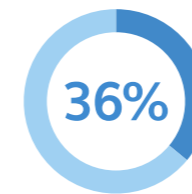
1. North East & Yorkshire: 50% of hospitals involved

- 2,662 staff engaged
- More than a dozen local quality improvement projects implemented



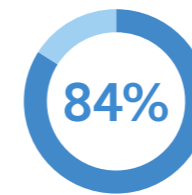
2. North West: 50% of hospitals involved

- 1,327 staff engaged
- Local launch supported by professional Rugby League club Wigan Warriors



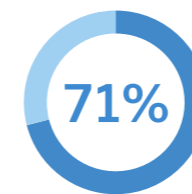
3. Midlands: 36% of hospitals involved

- 1,717 staff engaged
- 4,422 training hours completed in the first 12 months



4. East of England: 84% of hospitals involved

- 1,541 staff engaged
- [We Can Talk](#) project lead received a Chief Nursing Officer (CNO) Award for their work



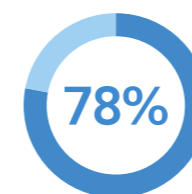
5. London: 71% of hospitals involved

- 2,797 staff engaged
- [We Can Talk](#) was piloted at Barts Health NHS Trust in 2017



6. South East: 100% of hospitals involved

- 3,521 staff engaged
- First Integrated Care Board to achieve 100% coverage (27 out of 27 hospitals)



7. South West: 78% of hospitals involved

- 1,517 staff engaged
- Groundbreaking engagement to support all security staff to access [We Can Talk](#) training in one trust

VISION UNTIL

Improved hospital staff retention

100%
coverage in Type
1 A&E hospitals in
England

50,000

hospital staff engaged across the country

100,000
hours of education
delivered

Improved patient
experience scores

40%

reduction in absconding
while awaiting mental
health assessment

Together we can change the future

My experience attending hospital for my mental health was negative, leaving me apprehensive about seeking support in the healthcare sector again. However, amidst the negative moments, I encountered individuals who offered support by genuinely listening and checking in on me. These interactions made a significant difference.

As a Young Advisor at [We Can Talk](#), I have the opportunity to use my lived experience to contribute to the development of our training programs and quality improvement projects. Being an active participant in co-production has made me feel valued, respected, and empowered. It has allowed me to transform my own negative experiences into positive outcomes.

Proper staff training is vital for both young people and the healthcare professionals who support them. It breaks down barriers, facilitating open conversations about mental health. It equips staff with powerful tools and empowers them to take action and make a difference in the lives of young people.

[We Can Talk](#) and its unique training

approach have the potential to transform the experiences of young people attending hospital due to their mental health. Through co-produced projects and the dedication of staff, young people feel reassured of their safety and witness the genuine care and passion that healthcare professionals have for their well-being.

Continued focus on co-production, involving young people with mental health experiences and healthcare professionals, is essential to prevent future generations from enduring negative hospital experiences.

By supporting [We Can Talk](#), we can amplify our impact and bring about positive changes for both young people and hospital staff.

Join us in shaping a future where new perspectives and ideas are brought to the table, and where the experiences of young people in hospital are transformed. Together, we can create lasting cultural change, allowing the voices of staff and patients to be heard and valued."

Becca, Young Advisor (right)



This is the beginning, not the end

Since 2017, more than one hundred organisations, including NHS England, Integrated Care Systems (ICSs) and NHS trusts have worked in partnership to tackle the most under acknowledged challenge in acute care - young people's mental health.

The NHS' commitment to promoting high-quality health and care aligns perfectly with the mission of **We Can Talk**.

Investing in co-produced culture change supports the vision of improving outcomes for patients and communities, while also enabling the NHS to excel as an employer of excellence.

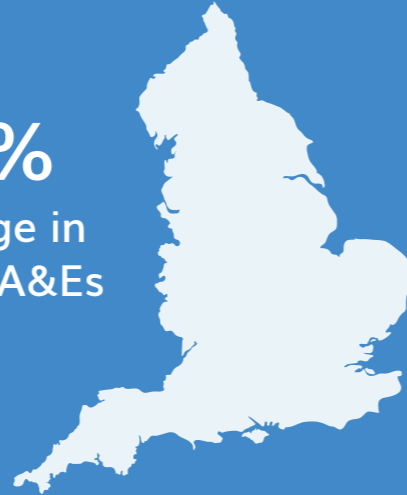
Our evidence-based education framework provides a unique opportunity to address the challenges faced by young people accessing mental health care in acute hospital settings, and to transform the culture of mental health care in the NHS.

Through this collaborative effort, we have documented evidence that **We Can Talk** is transforming the experience of children and young people attending hospital due to their mental health. In addition,

early data indicates that investing in **We Can Talk** has the potential to improve hospital staff well-being and increase retention.

By 2027, we can achieve 100% coverage of Type 1 A&Es in England, engage 50,000 hospital staff, and deliver 100,000 hours of education and build the foundations for creating lasting cultural change that benefits patients and staff.

100%
coverage in
Type 1 A&Es



Over the coming years, we will continue to invest in the quality of this unique intervention, particularly in research on the economic and systemic impact.

Early indicators from anecdotal evidence and staff survey data show that **We Can Talk** can:

- Reduce the number of children absconding
- Reduce the use of security staff
- Reduce patient complaints
- Reduce staff sick days
- Increase staff retention

With the support of NHS England and other key partners, **We Can Talk** has the potential to transform acute hospital settings into a place where young people feel heard, supported, and understood.

We are committed to delivering evidence-based training and support to hospital staff, with the aim of creating lasting cultural change.

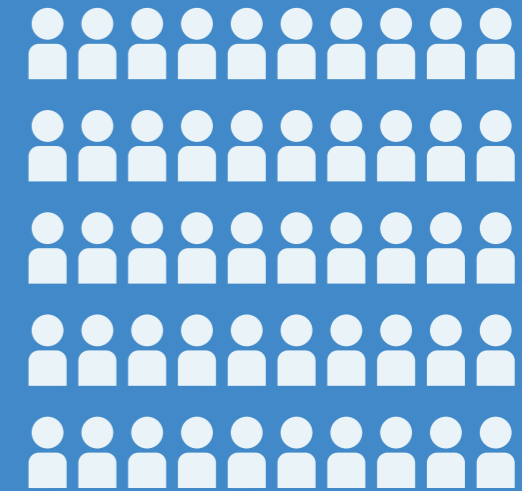
Our goal is to provide a transformative opportunity to empower stakeholders and create a more inclusive and effective health system.

By working together, we can make a meaningful impact on the lives of young

people in mental health crisis, improve staff well-being and retention, and deliver better outcomes for patients and communities.

2027 is not the end for **We Can Talk**, but a new beginning. It represents the stage where this project moves from creating culture change, to setting the cultural standard.

This will not be possible without continued investment, energy and support to sustain change.



50,000 engaged staff

Opportunities for collaboration and learning

New modules

Looking ahead to the future of the project, we have identified a number of open-access modules on specific topics that we are keen to identify partners and funding for. These include:

- Learning disabilities and autism
- Complex lifelong conditions
- Long stay
- Under 12s
- Serious youth violence
- 3-year refresher / introduction

Research

We are looking to explore the impact of our work beyond the online classroom. Including:

- Working with University College London to develop a validated measure of young people's experience accessing mental health support in acute care settings
- Investigating local and national data to develop potential cost saving models
- Identifying partner acute and mental health trusts to take part in further economic evaluation

Quality Improvement

Our local quality improvement initiatives have created a large body of evidence of small changes that can create significant impact for staff and patients. We are looking to further expand and amplify their introduction by identifying:

- Partners willing to scale their interventions and validate their results
- Funders to invest in additional localised interventions
- Opportunities to increase the visibility of quality improvement initiatives

Partnerships

Our co-produced approach to change recognises the value of local and national partners to deliver change. To continue to scale the impact of our work we need:

- Local young people's organisations to promote opportunities for involvement
- University partners willing to collaborate on a pre-registration training offer
- Support for further developing our education platform

Dear reader,

As a mental health nurse, I am only too aware of the challenges faced by young people accessing acute hospital care in crisis. The urgent call to go to A&E if safety is a concern has echoed through countless crisis care plans I've written. I founded [We Can Talk](#) with a belief in a different approach, envisioning a transformative experience for both staff and young people in the midst of a mental health crisis.

Since its inception, [We Can Talk](#) has grown into a powerful movement. Over one hundred organisations and tens of thousands of hospital staff have united to enhance the quality of care for young people, and the quality of experience for everyone - staff and patients. This isn't about solving the wider systemic challenges but about recognising that the little things can have a big impact. Attitude, not expertise.

Now I'm proud to write this endnote, to acknowledge that although a mental health nurse may have started this, the growth of the last six years and the hope for the future has been fueled by the acute hospital staff who have made this project their own. From porter to paediatrician, from ward to the board, this project has evolved beyond the rallying call of a few to a unifying mission to transform the way the NHS feels about mental health.

Thank you for your unwavering support for this project and for your enduring commitment to improving the lives of those in our care.

Sincerely,



Robin Barker
Registered Nurse (Mental Health)
Co-founder, [We Can Talk](#)



Our NHS partners

We are proud to celebrate our NHS acute trust partners to date, and we extend our gratitude to our NHS mental health trust colleagues for their invaluable support, even though they are not listed here. Together, we can continue to transform the way people feel about mental health. We look forward to expanding our partnerships and working collaboratively across the healthcare system.

- Airedale NHS Foundation Trust
- Alder Hey Children's NHS Foundation Trust
- Ashford and St Peter's Hospitals NHS Foundation Trust
- Barking, Havering and Redbridge University Hospitals NHS Trust
- Barnsley Hospital NHS Foundation Trust
- Barts Health NHS Trust
- Birmingham Women's and Children's NHS Foundation Trust
- Bolton NHS Foundation Trust
- Bradford Teaching Hospitals NHS Foundation Trust
- Buckinghamshire Healthcare NHS Trust
- Calderdale and Huddersfield NHS Foundation Trust
- Cambridge University Hospitals NHS Foundation Trust
- Dartford and Gravesham NHS Trust
- Dorset County Hospital NHS Foundation Trust
- East and North Hertfordshire NHS Trust
- East Kent Hospitals University NHS Foundation Trust
- East Suffolk and North Essex NHS Foundation Trust
- East Sussex Healthcare NHS Trust
- Epsom and St Helier University Hospitals NHS Trust
- Frimley Health NHS Foundation Trust
- Gateshead Health NHS Foundation Trust
- Guy's and St Thomas' NHS Foundation Trust
- Hampshire Hospitals NHS Foundation Trust
- Homerton University Hospital NHS Foundation Trust
- Isle Of Wight NHS Trust
- James Paget University Hospitals NHS Foundation Trust
- King's College Hospital NHS Foundation Trust
- Leeds Teaching Hospitals NHS Trust
- Lewisham and Greenwich NHS Trust
- Maidstone and Tunbridge Wells NHS Trust
- Manchester University NHS Foundation Trust
- Medway NHS Foundation Trust
- Mid and South Essex NHS Foundation Trust
- Milton Keynes University Hospital NHS Foundation Trust
- Norfolk and Norwich University Hospitals NHS Foundation Trust
- North Middlesex University Hospital NHS Trust
- North Tees and Hartlepool NHS Foundation Trust
- North West Anglia NHS Foundation Trust
- Northern Care Alliance NHS Foundation Trust
- Northumbria Healthcare NHS Foundation Trust
- Nottingham University Hospitals NHS
- Oxford University Hospitals NHS Foundation Trust

- Portsmouth Hospitals NHS Trust
- Royal Berkshire NHS Foundation Trust
- Royal Cornwall Hospitals NHS Trust
- Royal Devon University Healthcare NHS Foundation Trust
- Royal Free London NHS Foundation Trust
- Royal Surrey NHS Foundation Trust
- Salisbury NHS Foundation Trust
- Sandwell and West Birmingham Hospitals NHS Trust
- Sheffield Children's NHS Foundation Trust
- Somerset NHS Foundation Trust
- South Tees Hospitals NHS Foundation Trust
- South Tyneside And Sunderland NHS Foundation Trust
- St George's University Hospitals NHS Foundation Trust
- Stockport NHS Foundation Trust
- Surrey and Sussex Healthcare NHS Trust
- Tameside and Glossop Integrated Care NHS Foundation Trust
- The Newcastle Upon Tyne Hospitals NHS Foundation Trust
- The Princess Alexandra Hospital NHS Trust
- The Queen Elizabeth Hospital, King's Lynn NHS Foundation Trust
- Torbay and South Devon NHS Foundation Trust
- University College London Hospitals NHS Foundation Trust
- University Hospital Southampton NHS Foundation Trust
- University Hospitals Bristol and Weston NHS Foundation Trust
- University Hospitals Coventry and Warwickshire NHS Trust
- University Hospitals Dorset NHS Foundation Trust
- University Hospitals Of Leicester NHS Trust
- University Hospitals of North Midlands
- University Hospitals Plymouth NHS Trust
- University Hospitals Sussex NHS Foundation Trust
- Walsall Healthcare NHS Trust
- West Hertfordshire Teaching Hospitals NHS Trust
- Whittington Health NHS Trust
- Worcestershire Acute Hospitals NHS Trust
- Wrightington, Wigan and Leigh NHS Foundation Trust
- Yeovil District Hospital NHS Foundation Trust

Change the future

Join us in transforming the experience of children and young people attending hospital due to their mental health. We need leaders who are willing to make this their issue, from the ward to the board. Spread the word, open up the project to more staff, and work with us to achieve a vision for the future we can all be proud of.

Our team is ready to support you. Email us at team@wecantalk.online to request speakers, presentations, impact analysis, case studies or anything that will help you tell the story of this incredibly ambitious project. Let's create a healthcare system that truly supports the mental health needs of our young people.

An area of outstanding practice and “the only programme of its kind in the NHS”
Care Quality Commission, Barts Health NHS Trust inspection report (2019)



2017, 2020, 2021



2022



2021



2020, 2021

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